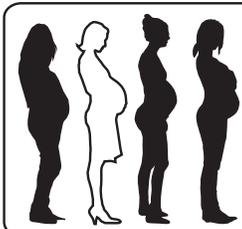


# 10 Facts about Pregnancy After Loss

Compiled by Lindsey M. Henke, MSW, LICSW; Designed and Illustrated by Lloyd W. Meek | © 2019, Pregnancy After Loss Support, All Rights Reserved



In the U.S. 1 in 4 pregnancies ends in miscarriage, and 1 in 160 pregnancies end in stillbirth. These numbers do not include infant death from preterm labor, diagnosis of life-limiting conditions, or SIDS.

Studies show that fathers are also affected by the emotional stress of a subsequent pregnancy.



## 50-80%

50 - 80% of women who experience perinatal loss become pregnant again within 12 - 18 months after their loss.

Women who are pregnant again after a loss are at an increased risk for postpartum anxiety and depression, even after having a subsequent successful pregnancy and birth.



After a pregnancy loss or infant death, many women will experience grief, confusion, anxiety, guilt and fear of loss in a subsequent pregnancy.

Psychological distress during a subsequent pregnancy increases the risk of preterm labor and low birth weight, as well as having a difficult time bonding with the baby born after loss.



A pregnancy after a loss can activate a new layer of grief.

Education through awareness can promote health during subsequent pregnancies and help ensure safe and healthy deliveries.



Women who are pregnant again after a loss report having higher symptoms of anxiety during their subsequent pregnancies compared to those who have not experienced loss.

Knowledge that there are resources available and others to turn to for compassion and guidance is an important aspect in the journey of healing during a subsequent pregnancy.



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